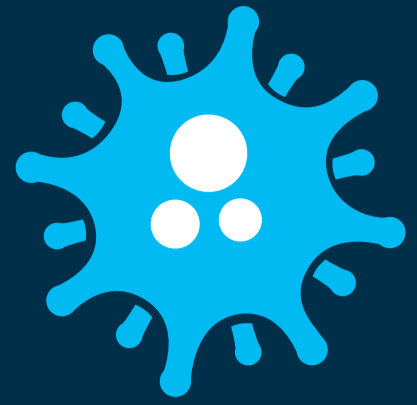


PREVENT THE SPREAD OF INFLUENZA



You may have heard mention of influenza pandemics in the media, or you may have concerns about Coronavirus.

The risks of contracting this virus remains low.

**THE BEST APPROACH TO PREVENTING
THE SPREAD OF ANY INFLUENZA IS:**



Carry tissues with you and use them to catch your cough or sneeze



Dispose of used tissues right away



If you do not have a tissue, use your upper sleeve to smother coughs and sneezes



To kill any germs, frequently wash your hands with soap and water, or use a sanitiser gel

