PERSONAL PROTECTIVE EQUIPMENT DURING THE COVID-19 EPIDEMIC

The PPE you wear normally should continue to be worn



Gloves – remember good glove discipline. Remove gloves and wash your hands whenever you eat/drink/smoke and don't touch your face with gloved hands. **Masks** – unless correctly fitted and tested, masks offer no additional protection against Covid-19. They should not be worn for longer than 1hr without rest breaks. If your job doesn't normally require a face mask, you don't need one.

Remember that Covid-19 is not the only hazard out there. Safety shoes, hard hats, goggles and high visibility vests are as important as ever.



